



U&ME Don't Panic™ Program

Jan 2021

Active Listening, Effective Results

To open pathways
for you to free to
be everything you
want to be.

Do you want to develop effective leadership skills that inspire your team into action?

The Program Promises

- To provide you with the knowledge, tools, and skills to identify filters and limitations in your listening.
- To train you take control on the limits set by the barriers and blocks in your listening.
- To train you to generate pristine and active listening that empowers free and powerful leadership and management.
- To train you in exercising your own leadership style, freely, powerfully, and effectively.
- To give the access to initiate your Own Actions, instead of being a Re-Action.

Would you like to be able to **listen** in a way that enables you to **choose** and **be in action** to **fulfill** your **promises**, hopes and wishes?

Are you committed to **lead** your **team** and manage your **teamwork** in fulfilling **unprecedented results**?

REQUEST INFO NOW



Make U&Me part of
your story today!

This program promises to challenge you to powerfully choose to see what is hidden behind those limitations, and to listen to new openings and opportunities that are currently filtered out.

The kind of limitations that constrain your ability to

- deliver on your promises
- fulfil on your dreams
- generate miracle-like results in your personal, social and business life.

Expand Your Freedom To Be Powerful

To ACT, To be in ACTION, To Bravely stop being an automatic RE-ACT.

Remember a specific moment in which **Do it NOW!!** demands were bombarding **You** from all **directions**?

Remember when **Failed/Wrong/Do it Again** remarks were raining down on everything you did??

And all you wanted to do was to go away and declare “I am Out of REACH”

Or just go to the beach and shout “Enough is ENOUGH!!!!”

And maybe your breathing got short and difficult, or you felt dizzy and your head was spinning, or your heart was racing, trying to jump out of your chest? And you knew, it was the beginning of a panic attack!

Sometime, when it is really bad, you need a doctor to support you.

These are real panic attacks.

Yet, most of the times, these episodes are just **“Panic Noise”**.

The U&Me Listening Technology® develops your skills and provides you the training to identify those “panic” symptoms building up in your listening and powerfully deal with them before they turn into a “noise attack”.

U&Me provides a wide range of seminars, courses, and programs to transform this noise into effective leadership, managerial and entrepreneurial skills to fulfill on your promises to yourself and others, make real dreams results you wish for, and even deliver miracle-like results you do not dare to dream about.



The U&Me “Don’t Panic, ...” group of seminars and courses are focusing on the core distinctions of U&Me, namely the U&Me Listening Technology®.

The ability of the human brain to interpret raw information received by the body sensors (see, hear, touch, smell, taste), and accurately identify this information, based on accumulated knowledge (brain patterns), make the correct decision how to respond and then select the expected and best way respond, based on those raw inputs, is the source of having successful results in one's life.

Yet, same brain patterns that generate those correct actions, are also creating filters, barriers, and even blocks in our listening that limits external interferences, or “noise”.

And sometime, this “noise”, is actually a new, unpredicted, and sometime unexpected, is new view on known inputs, an opportunity hidden by the listening filters.

The ability to identify that filters and blocks are at play in the listening, and, sometime “noise” is an opportunity, is at the core of the U&Me Listening technology.



U&Me Don't Panic™ Program provides a group of seminars and courses, created to train the participants in identifying those filters, barriers, and blocks when they show up in one's listening and give the participants the ability to choose, freely

and powerfully, to take an action, be in communication, create partnerships, stand up as leaders, create teams and manage teamwork that deliver promises powerfully, generate dream hopes and materialize miracle-like results.

Program Tuition and Stakeholders Discounts

Tuition Price (in EURO, USD, AUD)

U&Me Don't Panic, Listen Seminar (U&Me 92.211): _____ **EUR 270.00**
USD 315.00, AUD 440.00

4 Weeks seminar, including: 5 classes, 2 training labs and 1 personal coaching session.

U&Me Don't Panic, Lead Seminar (U&Me 92.212): _____ **EUR 670.00**
USD 790.00, AUD 1,100.00

6 Weeks seminar, including: 9 classes, 3 training labs and 2 personal coaching sessions.

U&Me Don't Panic, Manage Seminar (U&Me 92.213): _____ **EUR 760.00**
USD 900.00, AUD 1,250.00

8 Weeks seminar, including: 11 classes, 4 training labs and 3 personal coaching sessions.

U&Me Be a Leader, Master Leadership Course (U&Me 92.220): _____ **EUR 1,770.00**
USD 2,090.00, AUD 2,900.00

3 Months course, including: 17 classes, 6 training labs and 4 personal coaching sessions.

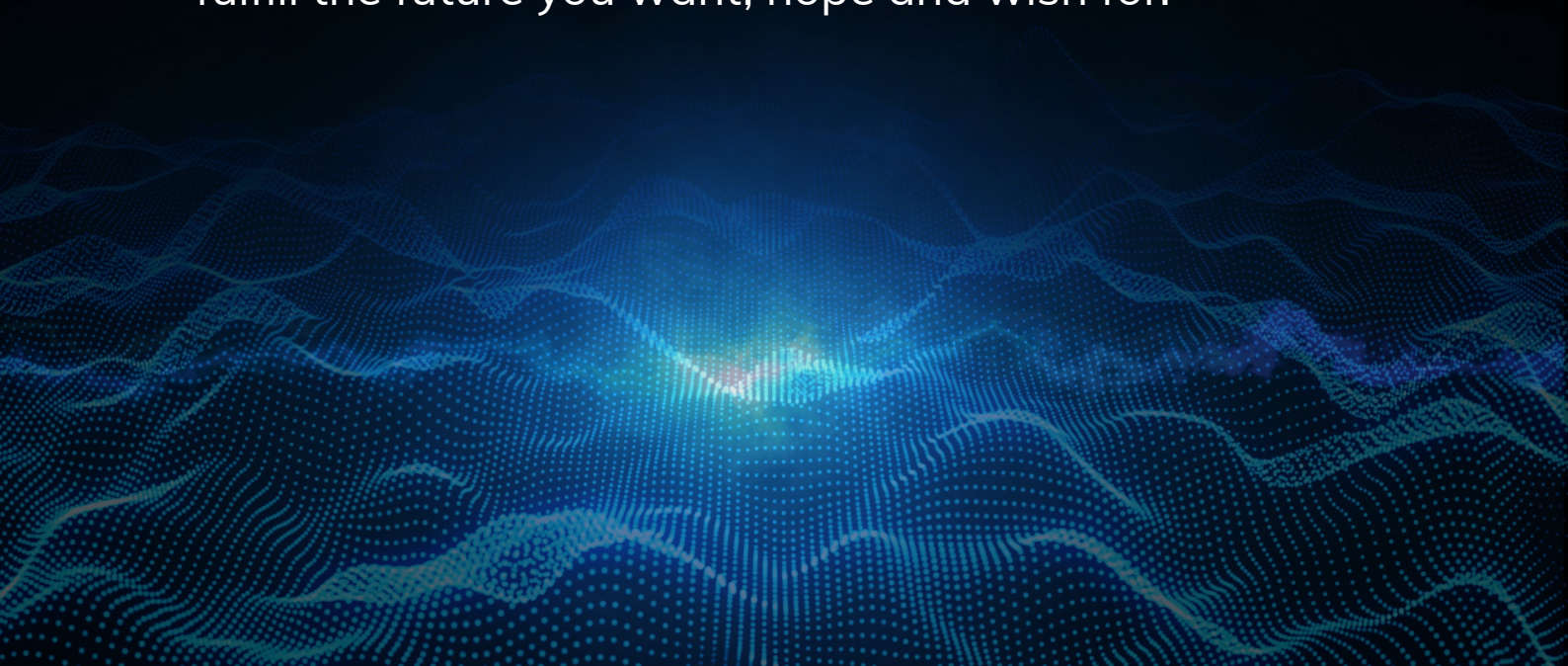
U&Me Be a Team Leader, Deliver Results Course (U&Me 92.230): _____ **EUR 2,380.00 USD**
2,800.00, AUD 3,900.00

5 Months course, including: 23 classes, 9 training labs and 6 personal mentoring sessions.

We Master Coaching
We Ask... We Listen...

We Unlock
Your Potential

The U&Me Don't Panic™ Program is a group of development and training seminars and courses that will give you access to see the what's so, the way it is, to freely choose and powerfully take the actions that fulfill the future you want, hope and wish for.



U&Me Don't Panic™ Program trains participants in identifying filters, barriers, and blocks when they show up in one's listening, providing the ability to choose, freely and powerfully, to take an action, be in communication, and produce miracle-like results.

REGISTER NOW!





**U&Me Transformative
Communication PTY. Ltd.**

North Sydney
2060 NSW, Australia

info@uandmehub.com

uandmehub.com

U&Me Worldwide HUBs networks provide client support in the Americas, Europe, the Middle East, East South Asia, and Australia/New Zealand.